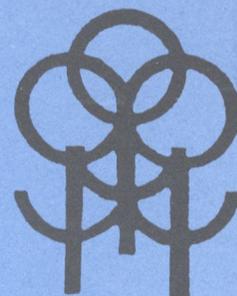


NEWSLETTER

OF THE CPA/SCP



SECTION ON WOMEN & PSYCHOLOGY
SECTION : FEMMES ET PSYCHOLOGIE

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SECTION ON WOMEN AND PSYCHOLOGY

1987-88 Executive

Past Coordinator: Dr. Tannis MacBeth Williams
Psychology Department
University of British Columbia
Vancouver, B.C.
V6T 1Y7
(604) 228-4826

Coordinator: Dr. Rhona H. Steinberg
McGill University
3637 Peel Street
Montreal, P.Q.
H3A 1X1
(514) 392-5111

Coordinator-Elect: Dr. Janet Stoppard
Psychology Department
University of New Brunswick
Bag Service #45444
Fredericton, N.B.
E3B 6E4
(506) 453-4708

Secretary-Treasurer: Dr. Mona Abbondanza
Ecole des Hautes Etudes
Commerciales
5255, Avenue Decelles
Montreal, P.Q.
H3T 1V6

Newsletter Editors: Dr. Lorette Woolsey and
Ms. Carol Wilson
Dept. of Counselling Psychology
University of British Columbia
Vancouver, B.C.
V6T 1Y7
(604) 228-3985 or 228-1038

Graduate Student Representative: Ms. Marsha Runtz
50 Woodrow Place
Winnipeg, Manitoba
R3G 1J3
(204) 772-3171

SECTION ON WOMEN AND PSYCHOLOGY

1987-88 Provincial Representatives

British Columbia Dr. Naida Hyde, Director
University Counselling Service
Simon Fraser University
Burnaby, B.C.
V5A 1S6
(604) 291-3694

Alberta Dr. Sharon Crozier
University Counselling Service
University of Calgary
Calgary, Alberta
T2N 1N4
(403) 220-5893

Saskatchewan Mary McKaren
Regina Mental Health Clinic
1942 Hamilton Avenue
Regina, Saskatchewan
S4P 3V7
(306) 787-1444

Manitoba Dr. Lorna Sandler
Department of Psychology
University of Manitoba
Winnipeg, Manitoba
R3T 2N2
(204) 474-8249

Ontario Dr. Susan Lee Painter
Department of Psychology
Carleton University
Ottawa, Ontario
K1S 5B6
(613) 564-5666

Quebec Dr. Charlene Berger
Montreal General Hospital
1650 Cedar Avenue
Montreal, Quebec
H3G 1A4
(514) 937-6011

SECTION ON WOMEN AND PSYCHOLOGY

COORDINATOR'S MESSAGE

1987-88 Provincial Representatives

New Brunswick

Dr. Vicky Gray
Department of Psychology
University of New Brunswick
Fredericton, N.B.
E3B 6E4
(506) 453-4707

Nova Scotia

Dr. Joanne Gallivan
Department of Psychology
College of Cape Breton
P.O. Box 5300
Sydney, Nova Scotia
B1P 6L1
(902) 539-5300

Prince Edward Island

Dr. Beth Percival
Department of Psychology
University of Prince Edward Island
Charlottetown, P.E.I.
C1A 5P3
(902) 566-0690

Newfoundland

Dr. Miriam Yu
Department of Educational Psychology
Memorial University of Newfoundland
St. John's, Newfoundland
A1B 3X8
(709) 737-8613

Yukon and Northwest Territories

Dr. Pat Hiatt
Mental Health Services
#4 Hospital Road
White Horse, Yukon
Y1A 3H8
(403) 667-6375

COORDINATOR'S MESSAGE

It seems it is that time of year again and that we shall hopefully all see each other soon at the CPA Convention.

The program for the SWAP Institute "Women's Identity - An Exploration of Self", looks very exciting. Both the keynote speaker, Marisela Zavalloni, and the luncheon speaker, Esther Greenglass, should provide some very thought-provoking ideas. The diversity of the program will make the choice of sessions very difficult. Reina Juarez and her committee, Elizabeth Woonton, Ruth Mencow, Janet Fuchs, Ted Baker, Peter Cooperman and Derek Aranoff deserve a lot of kudos for putting together such an interesting program. The Institute will be held at the Meridien Hotel, 09h00 to 18h00, Wednesday, June 8th.

The SWAP Saturday afternoon Symposium on "Women and Mental Health" should be most stimulating. Cannie Stark-Adamec, Janet Stoppard and Shake Toukanian will discuss the present state of women and the mental health situation in Canada, as well as some ideas about gender differences in psychotherapy. The business meeting will precede the program from 12h00 to 13h30, and the symposium will run from 13h30 to 16h00.

I implore you to attend the business meeting as I believe there are very important issues that need to be discussed, i.e., a greater number of female CPA fellows; equal opportunity in terms of election to the CPA executive, etc.

This year there are more invited female speakers for the CPA Convention than ever before. However, we must continue to nominate people for that honour. Some of this year's excellent speakers are Marisela Zavalloni, Vaira Vikis-Freibergs and Maryse Lassonde. I am certain you will enjoy their presentations.

This year, as usual, we have not had a real election, since few stood for nomination. An opportunity to promote women and psychology in Canada is provided by an active involvement in SWAP. It is an opportunity we should not ignore.

I would like to thank editors Lorette Woolsey and Carol Wilson, as well as all the people who contributed to each issue, for three issues of the newsletter. It really is a very good way to network across the country.

Thanks also to past coordinator, Tannis Williams, for providing a slate for next year's executive, and Mona Abbondanza for keeping our finances intact. I would also like to thank the provincial representatives for all their support.

There is one issue I would like to bring to the membership's attention. If you have seen the slate of nominees for president and executive of CPA, you will have noticed that seven out of the eight candidates are men. I think this is unacceptable and hope that people will write to

Kenneth Craig, chairperson of the nominating committee, to voice their opinions about the lack of equal opportunity for women to be elected to policy-making positions. To have essentially an all-male slate can no longer be tolerated in an organization with a large percentage of female members.

It appears, from the present slate of candidates, that the nominating committee was interested in selecting people from a professional background as well as people from an academic background. What is not acceptable is that the committee did not see fit to nominate more female candidates who fulfilled those two requirements.

Finally, I hope to see all of you in Montreal in June. I encourage you and your students to attend the CPA Convention. The more we make our presence known, the more our contributions to women's issues, in general, and the role of women in psychology, in particular, will be addressed.

Rhona Steinberg
Janet Stoppard
Julie Brickman
Hona Abondanza
Loretta Woolsey
Carol Wilson
Narsa Runk

Rhona Steinberg
Coordinator
Coordinator-elect
Secretary-Treasurer
Newsletter editor
Graduate Student
Representative

NOTES FROM THE PAST COORDINATOR

It was decided at last June's SWAP business meeting that the Coordinator-elect and past Coordinator would have the task each year of seeing to it that some women were nominated for Fellow status in CPA. A list of all current CPA Fellows (both female and male) was therefore circulated to all members of the SWAP executive and all provincial representatives asking that they set in motion nominations of women. The final outcome (that is, who was actually elected) is not yet clear, but Janet Stoppard and I are very pleased to report that a good number of women were indeed nominated (in comparison with none last year). Those not successful this year can be re-nominated in subsequent years, along with new nominees. Thanks very much to everyone who helped out this year.

Any SWAP member interested in nominating someone for Fellow status should feel welcome and encouraged to do so. The Fall issue of CPA Highlights will describe how to nominate someone (a current CV and nominating letter are required) and where to send the information. It would be helpful if you let your provincial representative know who you are nominating.

The other major task of the past Coordinator is to see to it that an executive slate is nominated in time for the annual June business meeting. The current Secretary-Treasurer, Newsletter Editors, and Graduate Student Representative have agreed to serve for another year. In considering the position of Coordinator-elect it seemed to me and to several other people with whom I discussed this matter that it would be desirable to find someone who would be representative of the large number of SWAP members who are not academics. I am really pleased to report that Julie Brickman, who is a clinician in private practice in Toronto (and gave an excellent presentation as part of the SWAP Saturday afternoon programme on Feminist therapy last year), has agreed to stand for Coordinator-elect.

The complete slate for the 1988-89 SWAP executive, which will be presented to the SWAP business meeting in June is:

Past Coordinator:	Rhona Steinberg
Coordinator:	Janet Stoppard
Coordinator-elect:	Julie Brickman
Secretary-Treasurer:	Mona Abbondanza
Newsletter editors:	Lorette Woolsey Carol Wilson
Graduate Student Representative:	Marsha Runtz

NOTES FROM THE PAST COORDINATOR

Tannis MacBeth Williams
Past Coordinator, 1987-88

It was decided at a meeting that the Coordinator-elect should have the task each year of seeing to it that some women were nominated for fellow status in CEA. A list of all current CEA fellows (both female and male) was therefore circulated to all members of the SWAP executive and all provincial representatives asking that they set in motion nominations of women. The final outcome (that is, who was actually elected) is not yet clear, but Janet Stoppard and I are very pleased to report that a good number of women were indeed nominated (in comparison with none last year). Those not successful this year can be re-nominated in subsequent years, along with new nominees. Thanks very much to everyone who helped out this year.

Any SWAP member interested in nominating someone for fellow status should feel welcome and encouraged to do so. The Fall issue of CEA Highlights will describe how to nominate someone (a current CV and nominating letter are required) and where to send the information. It would be helpful if you let your provincial representative know who you are nominating.

INSTITUT 1988 INSTITUTE
SECTION ON WOMEN AND PSYCHOLOGY
SECTION SUR LA FEMME ET LA PSYCHOLOGIE

Canadian Psychological Association
Société canadienne de psychologie

June 08 Juin

Meridien Hotel

Le Grand Salon

WOMEN'S IDENTITY - AN EXPLORATION OF SELF
L'IDENTITE DE LA FEMME: UNE EXPLORATION DE SOI

PROGRAM

- 08h30 - 09h00 Registration
Le Grand Salon
- 09h00 - 10h15 Welcoming Remarks: Reina Juarez
- Keynote Speaker: Marisela Zavalloni
Women's Identity: An Ego-Ecological Perspective.
Le Grand Salon B
- 10h15 - 10h30 Break
- 10h30 - 12h00 Workshop on Lesbian Identity: Homophobia, Heterosexism,
and Feminism.
Jeri Dawn Wine
Le Grand Salon A
- 10h30 - 12h00 Dimensions in Cultural and Social Identity and Women's
Identity.
Immigrant Women's Identities: The problem of 'Culture
as Lived.'
Eleni Skodra and Eva A. Szekely

INSTITUT 1988 INSTITUT
Out of Nowhere: Transient women, a new social identity.
Celine Mercier
Le Grand Salon C

12h00 - 14h00 Luncheon Speaker: Esther R. Greenglass
Interpersonal Relationships and Identity in Women.

(A buffet lunch at the Meridien Hotel is included in the
cost of the registration).
Le Grand Salon B

14h00 - 15h30 Psychodynamic Approaches and the Development of Self.

Women and the Psychological Development of Self: A
feminist's journey through object relations and
self-in-relation theories.
Nikki Gerrard

Female Psychological Development from a Modern
Psychoanalytic Viewpoint and its Clinical Implications
Liz Woonton
Le Grand Salon A

14h00 - 15h30 Women's Struggles and Experiences with the Multiplicity
of Self.

Development of Feminist Identity: Issues of sexuality,
race, and class.
Jeri Wine

Women Working Collectively: . . . But what about our
sense of self?
Janice Ristock

Differences Within: Multiple personality as a window on
the complexity and contradictions of women's identity.
Margo Rivera
Le Grand Salon C

15h30 - 15h45 Break

15h45 - 17h30 Women in Male-Dominated Occupations - Research and Policy Issues Related to Stress, Personality, and Relationships.

Moderator, Patricia Neilson

Coping with Stress in Male-Dominated Professions

Sheollagh Fitzgerald

Job Burnout and Personality Scores of Female and Male Royal Canadian Mounted Police Officers.

Gerry Stearns

Women, Policing, and Family Life.

Belinda Crawford

Discussant, Cannie Starke-Adamec

Le Grand Salon A

15h45 - 17h30 Humor, Fiction, and Turning 30: Old and New Identities.

Women, Humor, and Women's Humor!

Joanne Gallivan

Women in Contemporary Fiction: The Emergence of a female space.

Nelly Martinez

Moi, à trente ans. . . .

Monique Lortier-Lussier

Le Grand Salon C

BOOK REVIEWS

Conspiracy of Silence: The Trauma of Incest. By Sandra Butler.
San Francisco, Volcano Press, 1985.

Speaking Out, Fighting Back. Personal Experiences of Women Who
Survived Sexual Abuse in the Home. By Sister Vera Gallagher with
William F. Dodds. Seattle, Madrona Publishers, 1985.

Reviewed by: Naida D. Hyde, Ph.D. Vancouver, B.C.

Sister Vera Gallagher's Speaking Out, Fighting Back presents the personal experience of women who survived childhood sexual abuse in the home, as, indeed, the subtitle of the book states. The context of these personal accounts is Sister Gallagher's years of experience working as a Good Shepherd Sister in homes and schools with girls and young women who were placed in these facilities. She explains that the Good Shepherd Order was founded in 1835 to help girls and women with those kinds of problems that attract little popular sympathy--prostitutes, prisoners, addicts, runaways, and the homeless. She recounts what is now widely known, that an extremely high percentage of these girls and women have been sexually abused, most often in their own family homes.

Her book is predicated on her belief that sexual abuse can be overcome and that through speaking out, the victim does fight back and triumph, because then she can be given the unconditional love, respect and support that are the ingredients of healing. Sister Gallagher states "With these stories, I'm shattering the secrecy and the silence. I'm providing these girls and women with a platform from which to speak out, and in so doing, fight back." She gently but clearly points, repeatedly, to everyone's urge to be complicit with society's denial of the pervasiveness of incest, saying that the facts are simply too horrifying to know and that "keeping the secret--not knowing, not seeing--is an easier path for all of us." Her own struggle in this regard is evidenced by her early reference to Alexander Solzhenitsyn's powerful statement in Gulag Archipelago, "In keeping silent about evil, burying it deep within us so that it appears nowhere on the surface, we are implanting it, and it will rise up a thousand fold in the future", to be followed later by her somewhat surprising statement "perhaps we cannot blame ourselves for refusing to see what we would prefer not to be so." Those of us who work in the field of sexual abuse have learned over the years that moral courage is a necessary professional attribute and that to be co-opted by our clients' denial is to abuse and betray them, and so to recapitulate their early experience.

Sister Gallagher writes with love and caring as she presents the accounts of a number of women incest survivors. And she writes about the healing power of love, something that those of us who are trained as mental

health professionals are rather more reticent to do. She says: "The victim of sexual abuse does not need her name written on the roster of a church or parish. She needs it inscribed in the heart of a fellow human being." For many women incest survivors, we, as their therapists, are the first "fellow human being(s)" and we need to make sure we have their names inscribed on our hearts. While Sister Gallagher does not make clear her intended audience, it seems clear that it is intended both for the legion of incest survivors who have not yet spoken out and for those members of society who still comfortably entertain the many myths about incest, and need to be disabused of them.

The main deficiency I see in this book, and it is a serious one because it pervades the content and limits the uninitiated reader's understanding of the issues, is that Sister Gallagher offers no theoretical analysis of sexual abuse beyond talking about "society's stress on the supreme authority of the family over children . . . and the privacy of the family domain." She does not name the power of the patriarchy; she does not specify that it is generally men's unquestioned authority over women and children, particularly in the isolation and "sanctity" of the home that sows the seeds of incest. Nor does she name the misogyny, another primary and active ingredient in incest, although she does see that "the women always get blamed". The brutal sexual atrocities committed against girl children that she has recounted cannot be fully explained or understood without naming men's fear and hatred of women and the girl children who are growing daily toward womanhood.

Sister Gallagher's silence about the misogyny indigenous to our patriarchal culture leads her to make statements that clearly let men "off the hook". She recounts the story of "Marilyn", one of the most courageous women she said she had met in her year of interviewing for the book. Marilyn discovered that her husband had sexually abused her three daughters and two adopted sons two years after she had gone to the parish priest saying that something was dreadfully wrong with her children and her husband. The priest shamed her (my term) by saying "there are women in this world who have real problems. You are sitting here complaining about a man who is tired, takes a lot of responsibility, works hard, and is doing his best." She later found out that the priest had known that her husband had sexually abused children for years prior to their marriage and had not told her about this. Sister Gallagher says "Probably those errors were not the priest's fault." Later, when referring to sexual offenders, she says "they also endure pain, perhaps more than we know" and then quotes Steven Wolf, a therapist who works with offenders; "Incest offenders do experience guilt, but never enough to prevent the next offense when the opportunity presents itself." One wonders why she didn't then say instead that offenders endure pain, perhaps less than we might wish, at least enough to prevent them from repeating the abuse.

In contrast, Sandra Butler's Conspiracy of Silence: The Trauma of Incest, first published in 1978 and updated in 1985 with the addition by the author of "The Problem Reconsidered" and a new forward by Judith Herman, clearly frames incest as an outcome of the values inherent in our patriarchal culture, replicated daily inside the families of the nation. Butler, who is presently a therapist and healer working with incest survivors of all ages and with the therapists who work with incest survivors, was, in 1978, a writer interested in investigating the dynamics of, and society's response to, incestuous assault. She conducted thousands of hours of interviews with hundreds of women and men, and researched the few counselling programs in the United States that dealt with sexual abuse. She presents a rich embroidery of first-hand accounts, the voices of the men and women who shared some of the most painful experiences of their lives, mixed with her own incisive and critical analysis of the trauma that is incest.

In 1978, this book was revolutionary--it was the first firsthand account by incest survivors and their families and the professionals who work with them about the pain and parameters of incest. It was also the first book about incest written from a feminist perspective. Ten years later, Conspiracy of Silence is still important reading, and the author's reconsideration of the problem of sexual abuse should be considered a "must" in the field of sexual abuse, even for the most seasoned therapist. Butler models for us all the power of language and the courage needed to continually refine our own truths about sexual abuse and to speak them. Her analysis is cogent and to the point. "Sexual abuse has a gender and it is male" is Butler's starting point for evaluating the ways agencies and the helping professions intervene in cases of sexual abuse. She delineates problems related to the focus on reuniting families in which sexual abuse occurs and points out that the protection and strengthening of the women and children in that unit needs to be more important than maintaining the family unit.

She goes on to stress the need for sexual abuse to be named first and foremost as the crime it is, with treatment coming second to an appropriate legal response. Her example is compelling: "When a man breaks into a store and steals from it, the response of the criminal justice system is clear and unequivocal. When the offense however, is to break into the body of a small child and steal the childhood that child has a right to enjoy, we grow confused about the nature of the behaviour, calling it psychological rather than criminal."

Redefining "generational transmission" and delineating gender differences is a critical outcome of a feminist analysis of sexual abuse. We are now too painfully aware of the ways in which women grow up and continue to be victimized in their lives and boy victims identify with the aggressor and become offenders.

Perhaps the most important issue discussed in "The Problem Reconsidered", because in 1988 it is a toxic and virulent problem, is the backlash that was emergent as Butler wrote in 1985. This backlash is all too apparent in 1988. Clinical psychology doctoral students try to convince me that children and adolescents manipulate and lie about having been sexually abused. Some male psychologists are adopting legal language and talking about "child abuse allegations."

Butler prefaces her book with a stirring quotation from Audre Lorde's Sister Outsider, part of which follows: "But primarily for us all, it is necessary to teach by living and speaking those truths which we believe and know beyond understanding. Because in this way alone we can survive, by taking part in a process of life that is creative and continuing, that is growth." Conspiracy of Silence is a living tribute to Butler's speaking the truths which she knows about the "wounds . . . hidden in the minds and heart" of every incest survivor.

Bias in Psychotherapy Edited by Joan Murray and Paul R. Abramson.
New York: Praeger, 1983.

Reviewed by: Geraldine Brooks, Vancouver, B.C.

The subject of psychotherapeutic bias has received considerable attention in recent years as researchers have attempted to determine to what extent cultural expectations, stereotypes, and prejudices influence the therapeutic process. Specific concerns in this area usually include the perpetuation of traditional sex roles, differential treatment for white and nonwhite clients, sexualization of the treatment process, and heterosexual bias of treatment orientations. This book was designed to address such concerns. The editors have collected chapters that either provide a foundation for research on bias, examine experimental literature on bias in psychotherapy, or provide alternative conceptualizations for bias in psychotherapy. The book is intended for clinicians who practise psychotherapy and for students who are in training.

The book is divided into five sections. Section 1, "Historical Perspective," includes two chapters by Joan Murray on sex bias. The first chapter, "Sex Bias in Psychotherapy: A Historical Perspective", presents a comprehensive review of material on social factors and the traditional female role, the representation of women in psychological theory, and the practice of psychotherapy. The second chapter, "A Summary of Phyllis Chesler's Women and Madness," is a presentation of Chesler's (1972) thesis concerning the relationship of the traditional female sex role to female psychopathology and treatment. This summary is included because Murray credits Chesler as being largely responsible for generating interest in the subject of sex bias in psychotherapy.

Section II of the book covers "Social-Psychological Issues in Bias" and includes three chapters. In the first, "Social-Psychological Issues in Bias: Physical Attractiveness" by Elaine Hatfield and Morton S. Perlmutter, the authors review the social-psychological literature on bias and physical attractiveness and examine how a person's physical attractiveness influences our reactions to that person, pointing out that we cannot avoid judging others by their physical appearance. They also present evidence suggesting that most people (including psychotherapists) equate beauty with sanity, character, and competence, and that physically attractive people are usually treated more compassionately by others and are generally more popular, have higher self-esteems, and are often better adjusted and emotionally and mentally healthier than their unattractive peers. In the second chapter, "Experimenter Effects in Laboratories, Classrooms, and Clinics", author Robert Rosenthal reviews the research on interpersonal expectancy effects and how these can lead to self-fulfilling prophecies. The existence of such effects is relevant for psychotherapy because a therapist's expectations about a client could influence her or his behaviour toward that client and could ultimately affect the course of the client's therapy. In the third chapter, "Effects of Bias on Attribution and Information Processing: A Cognitive-Attributional Analysis of Stereotyping", David L. Hamilton, presents a detailed analysis of the cognitive processes involved in how perceivers generate causal explanation for behaviour. Hamilton argues that stereotypic expectations influence our perceptions of others, our interpretation of information about others, and our behaviour toward them.

Section III of the book is entitled "Research on Bias in Therapy" and includes seven chapters covering the three areas of gender, race, and sexuality. These chapters consist of original research and/or reviews of the experimental literature.

The first three chapters of this section address gender bias. In the first, "An Investigation of the Effects of Client Gender and Attractiveness on Psychotherapists' Judgments" by Joan Murray and Paul R. Abramson, the authors discuss how socialization and other factors might lead to the existence of gender bias in psychotherapy, review the methodological problems in the existing literature in the field, and finally describe a study designed to correct many of these methodological problems. In the second, "Making the Conceptual Leap from Sex Bias to Countertransference: A Closer Look at the Patient-Therapist Dyad" by Christine V. Davidson, the author makes a case for replacing the existing sex bias paradigm with a framework based on the construct of countertransference which she believes would more effectively allow researchers to deal with therapists' dynamics. In the third chapter, "Gender and Psychotherapy: A Review of the Empirical Literature" by George Stricker and Robin Shafran, the authors present a review of the research on gender bias in psychotherapy, making a distinction between biased attitudes and biased behaviour and stressing the point that gender bias must be considered in relation to variables besides client gender

(e.g., therapist experience). They also point out that despite the importance of the topic and the amount of attention it has received, definitive data are still lacking.

In the fourth chapter, "Race Effects in Psychotherapy" by Stephen I. Abramowitz and Joan Murray, the authors provide an extensive review of the literature relating to racial bias, focusing on three aspects: (1) bias in diagnosis; (2) bias in treatment allocation and utilization; and (3) bias in process and outcome (effectiveness). They conclude that, overall, the empirical evidence for racial bias is weak, but they caution that these conclusions are based on research fraught with methodological problems.

Finally, the last three chapters in this section address psychostherapeutic bias as it relates to sexuality. In "Psychotherapists' Responses to Client Sexuality: A Source of Bias in Treatment?", author Leslie R. Schover concludes that there is significant bias in therapists' current practises regarding sexuality and discusses implications for training. In "Erotic Contact as an Instance of Sex-Biased Therapy", Jean C. Holroyd discusses a variety of issues relating to erotic contact between client and therapist and suggests that sex between clients and therapists occurs "when therapists who have mental and emotional problems also have sexist values." And in "Heterosexual Bias in Psychotherapy", authors Stephen F. Morin and Kenneth A. Charles discuss heterosexual bias in theory and practise, describe a cognitive-developmental approach to sex-role socialization in lesbians and gay men, and describe a bias-free approach to psychotherapy for these groups.

Section IV, "Reducing Bias in Therapy" includes only one chapter, "What Can be Done About Bias in Therapy?" by Elizabeth Cooley and Joan Murray. These authors outline a variety of practical alternatives in the areas of therapist training, continuing education programs, and professional consumer awareness. Similarly, Section V, "Conclusions and Future Directions" also includes only one chapter - "The Study of Psychotherapy Bias: Some Conceptual Issues and Some Concluding Remarks" by Steven López. Here the author provides an overview of the conceptual issues involved in the study of clinical judgment bias, the weaknesses of much of the research in the field, and recommendations for future research. López concludes that general bias likely does not exist, but that specific biases probably do, and that in any case, we are really only just learning how to effectively study bias in therapy. He points out that as more specific measures and additional variables such as attractiveness have been included in research designs, more bias appears.

Overall this book provides a good introduction to the subject of bias in psychotherapy, a subject area that has received increasing recognition in the literature over the last twenty years. As one of the results of this

growing recognition has been recommendations from a number of professional associations including the Canadian Psychological Association (1977, 1978) and the American Psychological Association (1973, 1975, 1978) that professional psychological training programs include courses designed to foster awareness of the problems related to gender, culture, and social bias in psychotherapeutic practice and the delivery of psychological services, this book could serve to meet the need of a comprehensive text for such courses. To this writer's knowledge, no other such text is widely available.

While this book may still be viewed as relevant and timely five years after its publication date, it is not without its shortcomings. The issue of racial and ethnic bias, for example, is inadequately covered. The editors explain that Abramowitz and Murray chose to focus their chapter on "Race Effects in Psychotherapy" on the case of blacks because this particular group has been studied more than any other. Although this may be true, the exclusion of comprehensive analyses of studies done on other racial and ethnic groups in this or other chapters is a major weakness of the book. In addition, Abramowitz's and Murray's emphasis on particularly American black-white concerns limits their chapter's relevance to Canadian readers.

Similarly, the absence of chapters dealing with bias towards other minority groups that psychotherapists are likely to encounter (such as the disabled, the elderly and the poor) is also a weakness. A discussion of the particular biases that might affect these groups and a review of the relevant research would have been a valuable addition to the book.

In contrast, the issue of gender bias is very well presented. (Indeed, the majority of chapters focus on gender bias to some degree.) Although the evidence is not conclusive that gender bias does indeed exist in psychotherapy, the editors and contributors have collectively done a good job of synthesizing the available data. Cooley and Murray's chapter on reducing bias in psychotherapy is especially useful for trainers and practitioners. Their suggestions for sensitizing training psychotherapists, practising therapists, and the public to the existence and consequences of gender bias could also be easily applied to any other groups that may experience therapeutic bias.

WOMEN IN SOCIETY DELEGATION

In January, 1988, I visited India and Nepal as part of an all women delegation sponsored by the American citizen ambassador group, People to People International. I was the only Canadian woman on the fifty-five woman delegation. The purpose of the trip was to meet with women in India and Nepal who are engaged in community development work and who are advocates for women and children in those countries and to talk together and share our mutual concerns, issues, and solutions.

In three and a half weeks we visited New Dehli, Calcutta, Bangalore, Bombay, and Kathmandu and tried to keep up with a physically daunting and emotionally exhausting schedule of meetings and visits. We visited a school set up by a group of mothers in Kathmandu; while the children were in schools the mothers were learning weaving and other cottage crafts so that they could learn to be self-supporting. It was funded, I was happy to see, by the Canadian Unitarian Service Committee.

We visited family planning clinics in India, homes for destitute infants and children, and even had a short audience with Mother Theresa in Calcutta, after visiting her home for sick and disabled babies and children which also has a free food program for women who live on the streets with their children. Seeing the women line up and then take away a small container of food that must last twenty-four hours for a whole family was a very moving experience indeed.

We heard women lawyers and women police talk about dowry burnings and dowry deaths in Dehli. We heard about the abolition of amniocentesis for sex determination in Bombay - a group of women determined that every female fetus was being aborted because of the cultural preference for male children.

In Calcutta, we heard of the struggles to set up "grass roots" health care and immunization programs, as well as literacy programs for women and children in rural areas. The life expectancy of women in both India and Nepal is forty-eight years. They begin their housework at 4:00 a.m., then work in the fields all day and work at home till midnight, seven days a week until they die. Thirty-five thousand (35,000) babies are born every day in India and the infant mortality rate is one in ten. Boys and men are fed first, and girls and women get what food is left so they tend to be smaller and sicker.

Coming from our culture, initially I felt a tendency to be overwhelmed with numbers and the magnitude of the problems confronting women in India and Nepal. But not when I listened to the women speak and got to know them. They had a caring and respect and intelligent sophistication in their approach to their own people and cultures and had lessons to teach us about reverence for life and an action orientation to caregiving that would meet with the approval of any forward-looking community psychologist.

Both India and Nepal have a cultural richness and an intensity that I find quite addictive and to have had the opportunity to experience those cultures within the context of a woman-focused professional exchange was the experience of a lifetime.

Naida D. Hyde, Ph.D.

NEWS FROM THE YUKON

WOMEN CAN'T BE BEAT! is a long-term educational and prevention strategy to combat wife assault in the Yukon. The first phase was the production of an information kit which includes pamphlets and information sheets on:

- the law of assault
- peace bonds, being a witness in Court
- why women don't lay charges
- profile of the assaultive husband and excuses they give for their violent behavior
- developing a safe escape plan for assaulted women

In addition, there are pamphlets directed at the concerned friend as well as the assaultive husband. A bumper sticker and a book mark with the logo are also included in the kit. With one or two exceptions, the material applies to jurisdictions outside the Yukon.

The kit is a valuable resource to those counselling battered women and is available for \$10.00 from:

Yukon Public Legal Education Association
Box 4490
Whitehorse, Yukon Y1A 2R8

MESSAGE FROM THE EDITORS/MESSAGE DES EDITEURS

We would like to remind all non-SWAP subscribers to the Newsletter to maintain their subscriptions up-to-date by sending \$5.00 per year to remain on the mailing list. Those interested in joining SWAP and receiving the Newsletter may write to the Canadian Psychological Association, 558 King Edward Avenue, Ottawa, Ontario, Canada K1N 7N6 for information. CPA members are also reminded to keep up their memberships to SWAP.

The SWAP membership list is included in this issue. Please notify us concerning omissions and mistakes. We have Newsletters returned to us each mailing due to incorrect addresses; we'd like to get these issues out to the women concerned.

Thanks to all of you who have helped with this year's Newsletter by submitting news and book-reports, or by participating in the tasks involved in printing and mailing. Particular thanks to Diane O'Shea Faculty of Education, U.B.C., for typing this year's issues - often an onerous and frustrating job, which she accomplished with humour and grace. Again, we wish to acknowledge the generous financial support given for the Newsletter by Dean Nancy Sheehan of the University of British Columbia.

Please note that the deadline for reports, announcements, news etc., for the September Newsletter is August 10, 1988. We welcome information and articles, in either official language, which would be of interest to our readers. We intend to include a separate Calendar Notices section in September's newsletter, so let us know of upcoming events in your area which may be of interest to others. Send submissions to your provincial representative (well before the deadline date) or directly to:

Lorette Woolsey and Carol Wilson
Co-Editors: SWAP Newsletter
Dept. of Counselling Psychology
5780 Toronto Road
University of British Columbia
Vancouver, B.C. V6T 1Y7
(604) 228-1038 or 228-3985

On aimerait rappeler a tous les abonnées non-SWAP du bulletin de bien vouloir envoyer \$5.00 si voulez continuer a recevoir le bulletin. Ceux qui désirent devenir membre de SWAP peuvent écrire a: Canadian Psychological Association, 558 King Edward Avenue, Ottawa, Ontario, Canada, K1N 7N6, pour des renseignements. On aimerait aussi rappeler aux membres aux membres du SCP des se réabonner a SFP.

Remarquez, s'il vous plait, la date limite pour les rapports, les annonces, les nouvelles, etc. Pour le bulletin de septembre la date limite le 10 aout 1988. On invite de l'information et des articles qui seraient d'un intérêt a nos lecteurs. Ceci comprend des soumissions en francais.

SWAP MEMBERSHIP LIST
CPA SECTION ON WOMEN AND PSYCHOLOGY

ABBONDANZA, MONA
Psychology Department
U.Q.A.M.
C.P. 8888, Succ "A"
Montreal, PQ H3C 3P8

BARILKO, C.J.S. SISTER OLGA
Box 487
London, ON N6A 4X3

ABRAMI, DEBORAH L.
4483 W. 11th Avenue
Vancouver, BC V6R 2M2

BARRON, CLEOANNE
Calgary Psychological Clinic
#231, 10601 Southport Rd. S.W.
Calgary, AB TOL 1J0

ADAM, DR. DYANE
1204 Ramsey Lake Rd.
SS 1
Sudbury, ON P3E 2C7

BAUGH, ELSPETH, W.A.
Victoria Hall
Queen's University
Kingston, ON K7L 3N8

ADELMAN, DR. JUDITH
34704 Immel
Abbotsford, BC V2A 4T8

BAYER, BETTY
1 - 142 James St.
Ottawa, ON K1R 5M5

ADKINS, DR. M. ELIZABETH
295 Ash St.
Winnipeg, MB R3N 0P8

BEAL, CHRISTINE
813 East 5th St.
North Vancouver, BC V7L 1N1

AMES, DR. ELINOR
Psychology Department
Simon Fraser University
Burnaby, BC V5A 1S6

BENNET, TRACY LYNN
UCLA Dept. of Psychology
1283 Franz Hall
Los Angeles, CA 90024-1563 USA

ARCHER, DR. LYNDA
75 Chedoke Avenue
Hamilton, ON L8P 4P2

BETTRIDGE, BRENDA JOA
5412 Rue Coolbrook
Montreal, PQ H3X 2V3

ARNOLD, W. JAMES
707 - 585 River Avenue
Winnipeg, MB R3L 2S9

BIGELOW, DR. ANN
Psychology Department
P.O. Box 171
St. Francis Xavier University
Antigonish, NS B2G 1C0

BAIN, HEATHER, C.
8927 - 83 Avenue
Edmonton, AB T6C 1R4

BINNEMA, AUKJE, W.
524 Marion St.
Box 791
Iriquois Falls, ON POK 1G0

BOEHNERT, DR. JOANNA
Psychology Department
University of Guelph
Guelph, ON N16 2W1

BOURGUIGNON, Mlle JOSE
5107 Mariette
Montreal, PQ H4V 2G3

BRADLEY, E. JANE
Izaak Walton Killam, Hosp.
Child.
Dept. of Psychology
P.O. Box 3070
Halifax, NS B3J 3G9

BRICKMAN, DR. JULIE
290 St. Clair West
Suite 7
Toronto, ON M4V 1S3

BRISTOWE, ELIZABETH
4317 West 12th Ave.
Vancouver, BC V6R 2P9

BROOKS, GERALDINE
#403 - 2616 W. Broadway
Vancouver, BC V6K 2G3

BUELL, MARY KATHE
#504 - 523 Portsmouth Avenue
Kingston, ON K7M 7H6

BURWELL, PROF. ELIN
Psychology Department
Carleton University
Ottawa, ON K1S5B6

BUTT, DR. D. SUSAN
Psychology Department
U.B.C. - 2136 West Mall
Vancouver, BC V6T 1W5

BUZZELL, NANCY, L.
8210 - 3615 - 49 Street NW
Calgary, AB T3A 2L8

BYERS, DR. ELAINE
Psychology Department
University of New Brunswick
Fredericton, NB E3B 5A3

CAMERON, DR. CATHERINE
Psychology Department
University of New Brunswick
Fredericton, NB E3B 5A3

CAMMAERT, DR. LORNA
Arts 100
University of Calgary
Calgary, AB T2N 1N4

CAPLAN, DR. PAULA
Applied Psychology
Ont. Inst. for Studies in
Education
252 Bloor St. W.
Toronto, ON M4V 1H4

CARROLL, LINDA
223 Ellis Hall
University Hospital
Saskatoon, SK S7N 0X0

CHARTIER, MR. BRIAN
ST. Thomas More College
1437 College Drive
Saskatoon, SK S7N 0W6

CLARK, CAMILLIA, G.
132 Oakchurch Place S.W.
Calgary, AB T2V 4B5

CLARK, ELAINE
Crown Point, R.R. #1
Woodlawn, ON KOA 3M0

COHEN, DR. ANNABE
Psychology Department
Dalhousie University
Halifax, NS B3H 3J5

COLLINS-DOOLEY, LILY BERNA
#3, 907 - 15 Avenue S.W.
Calgary, AB T2R 0S2

COLWILL, DR. NINA
Business Administration
Univeristy of Manitoba
Winnipeg, MB R3T 2N2

COLYER, JILL
921 - 5000 Jane Street
Downsview, ON M3N 2W5

COMISAROW, DR. RUTH L.
4443 West 9th Avenue
Vancouver, BC V6R 2C9

CONSTABLE, DOROTHY
42 Sundance
Edmonton, AB T5H 4B4

COONS, DR. WESLEY
Psychology Department
York University
Downsview, ON M3J 1P3

COOPER, GLYNIS
65 Burbank
Nepean, ON K2G 0H2

CRAIG, WENDY
16 The Links Road, Apt. 327
North York, ON M2P 1T5

CROSSLEY, MARGARET
2405 Royal Avenue
Saskatoon, SK S7J 0X5

CROZIER, SHARON, DR.
2107 Bowness Rd.
Calgary, AB T2N 3L2

CURTIS, SUSAN
4513 W. 13th Avenue
Vancouver, BC V6R 2V5

CUTSHALL, JUDITH
Psychology Department, U.B.C.
Vancouver, BC V6K 1T2

DANILUK, JUDITH
7120 - 78 St. N.W.
Calgary, AB T3B 4J1

DARKE, DR. JULIET
254 Division St.
Kingston, ON K7K 3Z6

DAVIS, ELAINE
Counselling Centre
Memorial University
St. John's, NF A1C 5S7

DE COURVILLE, NANCY, H.
Rm 120
Minota Hagey Residence
University of Waterloo
Waterloo, ON N2L 3C4

DE LA SALLE, MARGARET
928 Lee Ridge Road
Edmonton, AB T6K 0R2

DELEHANTY, MS. ROSALYN
4003 Aspen Dr. W.
Edmonton, AB T6J 2B5

ENTUS, KASMAN, ANN
3538 Marlowe Avenue
Montreal, PQ H4A 3L7

DICKENS, SUSAN
Metfors, 1001 Queen St. West
Toronto, ON M6J 1H3

ERIKSEN, MARIA
Box 9, SS 353
Calgary, AB T3C 3N9

DOBKIN, PATRICIA, D.
2840 Rue Des Trembles
Ste. Julienne, PQ JOK 2T0

ESCUDEO, DOLORES
2494 W. 3rd Avenue
Vancouver, BC V6K 1L8

DONAHOE, EILEEN MAR
4 Barnes Rd.
St. John's, NF A1C 3X2

EVASKI-MCLEAN, JUDY
10173 - 92 St.
Edmonton, AB T5H 1T1

DOUGLAS, JACQUELINE
220 Kenilworth Avenue
Toronto, ON M4L 3S6

FINSTAD, MARNIE
1003 College Plaza
8215 - 112 St.
Edmonton, AB

DRISCOLL, ELLEN, M.
2077 Palmer Avenue
Ottawa, ON K1H 5Z3

FISHER, GINA
306 - 50 Walmer Rd.
Toronto, ON M5R 2X4

DYCK, KAREN, G.
14 Lighthouse Point
Winnipeg, MB R3X 1A5

FITZGERALD, SHEOLLAGH
28 - 2240 Robinson St.
Regina, SK S4T 2P9

D'ELIA ROSE
Laurentian University
M.S.R. Apt. 506
Sudbury, ON P3E 2C6

FONG, DABBY
Box 2, Site 21
R.R. 4
Calgary, AB T2M 4L4

ELLSWORTH, CHRISTINE
Dept. of Psychology
IWK Children's Hospital
P.O. Box 3070
Halifax, NS B3J 3G9

FORREST, PATRICIA
Psychology Department
University of Windsor
Windsor, ON N9B 3P4

ENGLES, MARY-LOUIS
3869 Cote Des Neiges
Montreal, PQ H3H 1V7

FOWLER, TERRY, A.M.
102 - 9180 Halston Ct
Burnaby, BC V3N 4L8

FRIEDMAN, ALICE, B.
Box 906
Ganges, BC V0S 1E0

GOODMAN, DR. MICHE
Bramalea Medical Centre
#404, 18 Kensington Rd.
Brampton, ON L6T 4S5

FRISCH, DR. SARA, R.
3456 Beaconsfield Avenue
Montreal, PQ H4A 2H1

GRAFF, LESLEY
307 - 952 Chancellor Dr.
Winnipeg, MB R3T 2K1

FRIZZELL, BEVERLY, J.
Psychology Department
University of Calgary
2500 University Drive
Calgary, AB T2N 1N4

GRASSE, PEGGY
114 - 280 Park St. W.
Windsor, ON N9A 5T8

FUKUSHIMA, JUNKO, J.
208 - 100 Gamble Avenue
Toronto, ON M4K 2H2

GREENGLASS, PROF. ESTHER
Psychology Department
York University, 6
Downsview, ON M3J 1P3

GALLER, KAREN
40 Grangemill Cr.
Don Mills, ON M3B 2J2

GRIMMER, LEE
Box 297
Lac La Biche, AB TOA 2C0

GALLIVAN, DR. JOANNE
Psychology Department
College of Cape Breton
P.O. Box 5300
Sydney, NS B1P 6L2

GUDAS, CHRISTINE
504 - 221 Glenridge Avenue
St. Catherines, ON L2T 3Y7

GEORGE, MS. DEBORA
1021 Island Rd.
Victoria, BC V8S 2V2

HENDERSON, JULE ANN
c/o Klinik, 545 Broadway Avenue
Winnipeg, MB R3C 0W3

GFELLNER, BARBARA, M.
Psychology Department
Brandon University
Brandon, MB R7A 6A9

HILL-FLEWELLING, DR. JULIE, W.
2701 - 260 Queen's Quay W.
Toronto, ON M6J 2N3

GILMOUR-BARRETT, DR. KAREN
29 Regis Dr.
Willowdale, ON M2M 3J4

HOGAN, DR. TIMOTHY
Executive Director
Youth Services Bureau
1400 Clyde Avenue
Nepean, ON K2G 3J2

HOLMS, VALERIE
73 Canada St.
Winnipeg, MB R3G 1S8

JAGGERNATHSINGH, DEBORRAH
Psychology Department
Carleton University
Colby Drive
Ottawa, ON

HO, JUE HUI
#1105, 1276 Islington Ave.
Etobicoke, ON M9A 3J9

JESSWEIN, INGA
109 - 7 Ave. "A" South
Lethbridge, AB T1J 1N3

HURLBURT, KATHRYN
Human Resource Counselling Ser
325 Market Mall Prof. Bldg.
4935 - 40 Avenue N.W.
Calgary, AB T3A 1N1

JOSEFOWITZ, DR. NINA
Counselling and Career Centre
Glendon College
2275 Bayview Avenue
Toronto, ON M4N 3M6

HUTCHINSON, DR. GAIL, E.
17 Chalmers St.
London, ON N57 4E8

JOSEPHSON, DR. WENDY
Psychology Department
University of Winnipeg
515 Portage Avenue
Winnipeg, MB R38 2E9

HYDE, DR. NAIDA
200 - 3466 W. Broadway
Vancouver, BC V6R 2B3

JOY, LESLEY ANN
134 West 18th
Vancouver, BC V5Y 2A6

HYDE, SUSAN, A.
Cape Breton Hospital
Box 515
Sydney, NS B1P 6H4

KAHN, DR. SHARON
Faculty of Education, U.B.C.
5780 Toronto Rd.
Vancouver, BC V6T 1L2

INGLIS, ALISON
4 - 294 Ontario St.
Toronto, ON M5A 2V7

KAPLIN, DR. RUDOLF
Dept. of Psychology
Queen's University
Kingston, ON K7L 3N6

JACOBS, JOAN
22 - 2225 Oakmoor Dr. S.W.
Calgary, AB T2V 4N6

KANDARAKIS, HELEN
2160 Ave de Montreuil
Montreal, PQ H3M 1X3

KAY, LORI, A.
7 Forrest Ridge Drive
Lower Level
Toronto, ON M6B 1G9

KUIJT, MS. J.D.
1316 - 20 Avenue South
Lethbridge, AB T1K 1E9

KIELY, DR. MARGARET
Dept. de psychologie
Universite de Montreal
C.P. 6128
Montreal, PQ H3C 3J7

KUPLOWSKA, MS. OLGA M.
2409 - 25 St. Mary Street
Toronto, ON M4Y 1R2

KIMBALL, DR. MEREDITH
Psychology Dept.
University of New Brunswick
Bag Service 45444
Fredericton, NB E3B 6E4

KYRA, SUZANNE
622 Tyndall St.
Coquitlam, BC V3J 3S8

KLEINPLATZ, PEGGY J.
#104 - 330 Metcalfe St.
Ottawa, ON K2P 1S4

LACROIX, RENEE
4598 Hingston
Montreal, PQ H4A 2K1

KNIVE-INGRAHAM, KATHLEEN D.
2621C - 1 Ave. N.W. Y College
Calgary, AB T2N 0C5

LA CROSSE, VICTORIA D.
103 - 25 Four Winds Drive
Downsview, ON M3J 1K8

KORABIK, DR. KAREN
Dept. of Psychology
University of Guelph
Guelph, ON N1G 2W1

LAFLEUR, REJEANNE
271 Wright Cr.
Ajax, ON L1S 5S5

KORT, BEVERLEY
2245 W. Broadway #201
Vancouver, BC

LAFRENIERE, KATHRYN
Graduate Programme in Psychology
York University
Downsview, On M3J 1P3

KOSKY, BARBARA J.
28 Castlewood Rd.
Toronto, ON M2N 2L2

LAIDLAW, DR. TONI A.
1559 Le Marchant St.
Halifax, NS B3H 3R2

KRISTIANSSEN, CONNIE M.
Dept. of Psychology
Carleton University
Ottawa, ON K1S 5B6

LAMBERT, MS. GLENNA
816 - 44 Jackes Avenue
Toronto, ON M4T 1E5

LARSEN, DR. CAROLY
University Counselling Ser.
University of Calgary
Calgary, AB T2N 1N4

LAZAR, MRS. JUDITH
566 Victoria Avenue
Westmount, PQ H3Y 2R6

LELAND, DORIS EMMA
2608 Regina Avenue
Regina, SK S4S 0G5

LIBURD, ROSEMARY
9805 - 90 Avenue
Edmonton, AB T6G 1W1

LINDSAY, MAGGIE
1245 Cameron Avenue S.W.
Calgary, AB T2T 0L1

LIPS, DR. HILARY
Psychology Department
University of Winnipeg
Winnipeg, MB R3B 2E9

LITTLEFIELD, MS. CHRIS
Department of Psychiatry
Toronto General Hospital
200 Elizabeth St.
Toronto, ON M5G 2C4

LOMIS, DR. MARSHA
P.O. Box 1150
Vanier Centre
Brampton, ON L6V 2M5

LONGMAN, RICHARD
Dept. of Psychology
Queen's University
Kingston, ON K7L 3N6

LONG, BONITA C.
1988 W. 14th
Vancouver, BC V6J 2K2

LUSSIER, DR. MONIQUE
Ecole de psychologie
651 Cumberland
Ottawa, ON K1N 6N5

MACDONNELL, MS. M. JOAN
114 Provost St. Office 3
New Glasgow, NS B2H 2P4

MACKINNON, JOANNE
Dept. of Psychology
Simon Fraser University
Burnaby, BC V5A 1S6

MACKEY-JAMIESON, DR. SUSAN
436 West 14th Avenue
Vancouver, BC V5Y 1X6

MACLEAN, LYNNE
#2 - 906 University Drive
Saskatoon, SK S7N 0K1

MACLEAN, MARY E.
4327 Vauxhall Cr. N.W.
Calgary, AB T3A 0H8

MACNIVEN, ELAINE R.
99 Lloymin Avenue
Ancaster, ON L9G 1H4

MADANI, BARBARA D.
University Counselling Service
Rm 200 TC
Simon Fraser University
Burnaby, BC V5A 1S5

MAHONEY, DR. ANNE
Dept. of Psychology
Calgary General Hospital
841 Center Ave. E.
Calgary, AB T2E 0A1

MCCARRON, MARY LAURA
1003 - 2121 - 15 Avenue
Regina, SK S4P 1A1

MALMO, CHERYL
9806 - 89 Avenue
Edmonton, AB T6E 2S4

MCDONALD, MARVIN
Psychology Department
King's College
10766 - 97th Street
Edmonton, AB T5H 2M1

MALONEY, NANCY E.D.
2725 Ivy Street
Port Moody, BC V3H 2L1

MCELROY, LORI ANNE
Dept. of Psychology
University of Toronto
Toronto, ON M5S 1A1

MANN, DR. BARBARA
Box 1465
Lakefield, ON KOL 2H0

MCEVOY, MAUREEN
2531 Cornwall
Vancouver, BC V6K 1C1

MARSHALL, DR. JOAN M.
1397 Halifax Place
Burlington, ON L7S 1J7

MCGEE, ROBIN A.
1 - 709 William Street
London, ON N5Y 2R3

MATSALLA, LINDA
200 - 2003 14 St. N.W.
Calgary, AB T2M 3N4

MCLEAN, HEATHER
1122 Westbrook Rd.
Westbrook, ON KOH 2X0

MAYHEW, ELEANOR
451 E. HUENEME RD.
No. 227
Port Hueneme, CA 93041 USA

MCLEOD, MARY
2755 Effingham Street
R.R. 2
St. Catherine's ON L2R 6P7

MCALLISTER, LYNDA
St. Mary's Univesity
Psychology Department
Robie Street
Halifax, NS B3H 3C3

MCMULLEN, MS. LINDA M.
Dept. of Psychology
University of Saskatchewan
Saskatoon, SK S7N 0W0

MCBAIN, LAURA LYNN
4360 West 8th Avenue
Vancouver, BC V6R 2A1

MCMURDO, CAROL A.
#709, 111 Wurtemberg St.
Ottawa, ON K1N 8M1

MESSER, KAREN KAY
40 Lancaster Place
Regina, SK S4S 2Z4

MESSIER, DR. DENIS
785 Promenade Champlain
Cornwall, ON K6H 6P4

MEYERS, SUSAN
171 Church Street
Brockville, ON K6V 3Y4

MIKOLASKI, MS. MARITS
510 Old Wonderland Road
London, ON N6K 1L6

MILLER, JOIE M.
23 Piper Drive
Red Deer, AB T4P 1H5

MOORE, SHELLEY
908 Married Students
Laurentian University
Sudbury, ON P3E 2C6

NAIDOO, DR. JOSEPH
Dept. of Psychology
Wilfrid Laurier University
Waterloo, ON N2L 3C5

NATHAN, DR. KATALI
38 Seymour Avenue
Nepean, ON K2E 6P2

NEILSON, PATRICIA M.
2859 Retallack Street
Regina, SK S4S 1S8

NEWMAN, FRANCIS
58 Rose Avenue
Toronto, ON M4X 1N9

OGUS, ELLEN
2 Millbank Avenue
Toronto, ON M5P 1S3

ORR, DENA L.
14 Beacon Hill Crescent
St. John's NF A1E 4S5

O'ROURKE, CHRISTINE
1865 West 13th Avenue
Vancouver, BC V6J 2H4

PAPINEAU, DANIELLE
4980 Dornal
Montreal, PQ H3W 1W2

PASQUALI, DR. PAULA
Mental Health Services
#4 Hospital Road
Whitehorse, YK Y1A 4H8

PAUL, ESTHER
91 Starwood Rd.
Nepean, ON K2G 1Z6

PELKIE, NORMA G.
400, 14727 - 87 Avenue
Edmonton, AB T5R 4E5

PENDERGAST, MS. BARBARA
350 Benjamin Road
Victoria, BC V8Z 4W1

PERCIVAL, DR. ELIZABETH
Dept. of Psychology
University of P.E.I.
550 University Avenue
Charlottetown, PE C1A 4P3

PERODEAU, MS. GUILLE
Psychological Research Unit
Douglas Hospital Res. Centre
6875 Boul. LaSalle
Verdun, PQ H4H 1R3

PERRY, CONSTANT J.
43 Southlawn Stroll
Winnipeg, MB R3T 2H4

PETTIFOR, DR. JEAN L.
2731 Crawford Rd. N.W.
Calgary, AB T2L 1C9

PINKUS, DR. JOAN
2041 West 36th Avenue
Vancouver, BC V6M 1L1

POIRIER, ELISABETH
330 Rue Amirault
Dieppe, NB E1A 1G3

POLVI, NATALIE
#4, 112 - 110 Street
Saskatoon, SK S7N 1R9

POPHAM, LORNA JANE
#519, 1207 Douglas St.
Victoria, BC V8W 2E7

PRESSE, LUCINDA
1038 Spadina Crescent East
Saskatoon, SK S7K 3H7

PYKE, DR. SANDRA
Dept. of Psychology
York University
4700 Keele St.
Downsview, ON M3J 1P3

PRETTY, DR. GRACE
St. Mary's University
Halifax, NS B3H 2C3

RACH-LONGMAN, KATHARINA
Psychology Department
Queen's University
Kingston, ON K7L 3N6

RADTKE, H. LORRAIN
Dept. of Psychology
University of Calgary
Calgary, AB T2N 1N4

REIFFER, LINDA IRENE
307 - 812 - 14 Avenue S.W.
Calgary, AB T2R 0N6

REITER, CAROL
760 Arbutus St.
Kamloops, BC V2C 5W5

RENWICK, DR. REBECCA
Dept. of Rehabilitation Medicine
University of Toronto
256 MCCaul Street
Toronto, ON M5T 1W5

RICKETTS, MARY
77 Goodyear Avenue
Grand Falls, NF A2A 1J4

RICKS, DR. FRANCE
814 Piedmont Gardens
Victoria, BC V8Y 2T2

ROBENS, ANNELIESE
4047 West 18th Avenue
Vancouver, BC V6S 1B9

ROBERTS-BRAUER, RENEE-MAE
6187 Terrebonne Street
Montreal, PQ H4B 1A4

ROBINSON, LYNNE
 Psychology Department
 Simon Fraser University
 Burnaby, BC V5A 1S6

ROXBOROUGH, CHARLENE
 346 St. John Street
 Fredericton, NB E3B 4B6

ROY, JOAN, M.
 3441 Wascana Street
 Regina, SK S4S 2H2

RUDDY, SANDI-GOUL
 29 Elizabeth Street
 Box 15
 Okotoks, AB TOL 1T0

RUNTZ, MARSHA
 50 Woodrow Place
 Winnipeg, MB R3G 1J3

SALMEN, RUBINI
 c/o Oak Centre
 115 MacLean Place, 4th Fl.
 Welland, ON L3B 5X9

SAMPSON, DR. ROSEMA
 Dept. of Psychology
 Mount St. Vincent University
 Halifax, NS B3M 2J6

SCHNEIDER, MARGARET
 Central Toronto Youth Services
 27 Carlton Street
 Toronto, ON M5B 1L2

SCHNELL, DORIS U.
 2439 Lindsay Street
 Regina, SK S4N 3C7

SENN, CHARLENE
 Dept. of Psychology
 York University
 4700 Downsview ON M3J 1P3

SERBIN, LISA A.
 Dept. of Psychology
 Concordia University
 1455 De Maisonneuve Blvd. W.
 Montreal, PQ H3G 1M8

SHRED, RAYMOND
 Dept. of Psychology
 University of New Brunswick
 Bag Service 45444
 Fredericton, NB E3B 6E4

SIGAL, RUTH
 6350 Willow Street
 Vancouver, BC V5Z 3S8

SIMPSON, SUZANNE P.A.
 Box 2371, RR #2
 Cumberland, ON KOA 1S0

SINCLAIR, DR. CAROLE
 The Dellcrest Children's Centre
 1645 Sheppard Avenue W.
 Downsview, ON M3M 2X4

SKERRY, SHELAGH A.
 Psychology Department
 Concordia University
 1455 De Maisonneuve West
 Montreal, PQ H3G 1M8

SKODRA, ELENI
 2227 Dundas Street W.
 Toronto, ON M6R 1X6

SLADE, SUSAN
 Centre de Psychologie Vendome
 4920 Boul de Maisounneuve, 301
 Montreal, PQ H3Z 1N1

SLOANE, LYNN

Ayla Associates
401, 1177 - 11 Avenue S.W.
Calgary, AB T2R 1K9

STORM, J. CHRISTINE

Department of Psychology
Mount Allison University
Sackville, NB EOA 3C0

SNELLING, SUSAN J.

74 Carnival Court
Willowdale, ON M2R 3T8

STRAUS, ALENA

2043 West 14th Avenue
Vancouver, BC V6J 2K3

SOSSANPOUR, MARTHA

5885 Cote Des Neiges
Suite 406
Montreal, PQ H3S 2T2

STAWBRIDGE, HEILI

Dept. of Psychology
St. Clare's Hospital
St. John's, NF A1C 2H5

SPRAGUE, DR. ANN

GRACE GENERAL HOSPITAL
Psychology Department
3030 Birchmount Road
Scarborough, ON M1W 3W3

ST. ONGE, MYREILLE

33, 1060 Rue de Lachevrotiere
Quebec, PQ G1R 3J4

SPRICER, ROSA DR.

11220 - 94 Street
Edmonton, AB T5G 1G9

SZTABA, TERESA, I.

385 Kingston Crescent
Winnipeg, MB R2M 0T7

STARK-ADAMEC, DR. CANNIE

Dept. of Psychology
University of Regina
Regina, SK S4S 0A2

TAN, JOSEPHINE

Dept. of Psychology
University of New Brunswick
Bag Service 45444
Fredericton, NB E3B 6E4

STEINBERG, DR. RHONA

3637 Peel Street
McGill University
Montreal, PQ H3A 1X1

TAYLOR, LISA

Box 286 College West Residence
University of Regina
Regina, SK S4S 0A2

STONE-GRETTON, SHARONNE N.

441 Paliser Crescent North
Richmond Hill, ON L4C 1R7

TCHENG-LAROCHE, MS. CHANG-Y

1033 Pine Avenue West
Montreal, PQ H3A 1A1

STOPPARD, DR. JANET

Psychology Department
University of New Brunswick
Bag Service 45444
Fredericton, NB E38 6E4

TEMPLE, LINDA E.

18 Lipton Street
Winnipeg, MN

TERNER, LORNA ELLE
38 Rideauview Terrace
Ottawa, ON K2C 3R9

WADDEN, NORMA PAUL
156 Rufus Avenue
Halifax, NS B3N 2M1

THOMPSON, ANNA
#3, 2812 - 33rd Street S.W.
Calgary, AB T3E 2T6

WAINRIB, DR. BARBARA
488 Victoria Avenue
Westmount, PQ H3Y 2R4

TIERNEY, ANNE
9 Yorkshire Drive
Charlottetown, PE C1A 6N7

WALKER, HEATHER ANN
Department of Psychology
University of Calgary
Calgary, AB T2N 1N4

TODD, JUDITH
17 Van Order Drive
9 - 302
Kingston, ON K7M 1B5

WAY, DR. GAYLE
2220 East 5th Avenue
Vancouver, BC V5N 1M8

TOUKMANIAN, DR. SHAKE
Dept. of Psychology
York University
Downsview, ON M3J 1P3

WEIGELDT-LACROIX, Almuth
333 Ryding Avenue
Toronto, ON M6N 1H6

TRACHTENBERG, DVORA D.
Rm 942
Women's Collge Hospital
76 Glenville Street
Toronto, ON M5S 1B2

WEINER, DR. MARCIA
25 George Street P.H. 1
Toronto, ON M5A 4L8

TRIGG, DR. L.J.
c/o Children's Home of Winnipeg
400 - 777 Portage Avenue
Winnipeg, MB R3G 3L1

WEISER, JUDY
Phototherapy Centre
#304, 1107 Homer Street
Vancouver, BC V6B 2Y1

VAIDYANATH, SHARDA
1388 Rainbow Crescent
Gloucester, ON K1J 8E2

WEISER, MARGARET
Apt. 405, 1760 Main Street W.
Hamilton, ON L8S 1H2

VEGOTSKY, JOAN LYNN
94 Deacon Lane
Ajax, ON L1S 2T3

WERSH, MS. JOANNE
361 Cambridge St.
Winnipeg, MB R3M 3E8

VOGLER, MONICA
152 Superior Street
Brantford, ON M3S 2L4

WHALEN, PROF. CLAUDE
Dept. of Psychology
St. Thomas University
Fredericton, NB E3B 5G3

WYORA, ALINA
1904 Arbutus Street
Vancouver, BC V6J 3X7

WEINS, MURIEL
306, 245 - 3rd Avenue South
Saskatoon, SK S7K 1M4

XINARIS, PARASKEVOU
2 - 176 Nelson Street
Kingston, ON K7L 3Z1

WILKIE, COLLEEN F.
#301, 130 Edinburgh Place
Saskatoon, SK S7H 5J7

YOU DALE, VALDA
Dept. of Psychology
Simon Fraser University
Burnaby, BC V5A 1S6

WILLIAMS, DR. TANNIS
Psychology Department
2136 West Mall
Vancouver, BC V6T 1Y7

YUEN, SANDRA
1213, 605 Proudfoot Lane
London, ON N6H 4S2

WILSON, CAROL LYNNE
2704 Oyama Court
Vancouver, BC V6T 1N6

YU, DR. MIRIAM
Dept. of Educational Psychology
Memorial University
St. John's, NF A1B 3X8

WILSON, DIANNE LEE
Lingley Heights
Westfield, NB EOG 3J0

ZAVALLONI, MARISSA
34 Avenue Robert
Outremont, PQ H3S 2P2

WINE, DR. JERI D.
Dept. of Applied Psychology
O.I.S.E.
252 Bloor Street
Toronto, ON M5S 1V6

WINTRE, MAXINE ANN
York University
Dept. of Psychology
North York, ON M3J 1P3

WOOLSEY, DR. LORETTE
Dept. of Counselling Psychology
University of British Columbia
5780 Toronto Road
Vancouver, BC V6T 1L2

*Total
269*